



Center for Human Services

Building a stronger community...one family at a time.

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Job Announcement **PERINATAL MENTAL HEALTH THERAPIST**

Want to join an innovative community-based organization? If you value social justice, are committed to providing quality services, and are not afraid of challenges, we want to talk with you. Center for Human Services (CHS) is currently seeking the right clinician to join our team. We offer our staff an EXCELLENT benefit package which includes fully paid (prorated if part-time) health, vision, dental, life, long-term disability insurance, and 403b with match, as well as generous leave package.

The Perinatal Mental Health (PMH) Therapist works with pregnant and parenting people to provide mental health services in their homes or in a clinic setting in North King County and South Snohomish County. Therapy is often focused on perinatal mood and anxiety disorders, trauma, or family stressors. Clients with children ages birth to three will often be seen with their child for dyadic therapy to support healthy attachment. The PMH Therapist is part of the Infant and Early Childhood Mental Health (IEC) Program and will collaborate with IEC therapists regularly. The PMH Therapist reports to the IEC Manager. This is a 40 hour a week non-exempt position with a starting salary of \$69,825.60 per year for Associate Licensure. (Range: \$69,825.60- \$80,225.60 per year depending on experience and licensure status).

Requirements:

- Master's degree in clinical behavioral health fields
- Current Agency Affiliated, Associate, or Fully Licensed MSW, MFT or MHC professional in Washington State
- One or more years of clinical experience working therapeutically with pregnant/parenting families
- Valid Washington State Driver's License and reliable transportation
- Experience navigating different systems (schools/families)
- Experience working with trauma issues
- Excellent organizational/administrative skills with good computer skills
- Commitment to practicing cultural humility, self-reflection, and continued education on Diversity, Equity, Inclusion, and Belonging topics
- Ability to work cooperatively as part of a team
- Ability to adapt to change
- Sense of humor

CHS is a non-profit organization with a great work environment, including staff who are passionate about and dedicated to the community. If you want to join an established organization at a time of growth and transformation, this is the place.

To apply, send resume and cover letter to jobopportunities@chs-nw.org. Full job description can be found below:

Job Description **PERINATAL MENTAL HEALTH THERAPIST**

GENERAL DESCRIPTION

The Perinatal Mental Health (PMH) Therapist works with pregnant and parenting people to provide mental health services in their homes or in a clinic setting in North King County and South Snohomish County. Therapy is often focused on perinatal mood and anxiety disorders, trauma, or family stressors. Clients with children ages birth to three will often be seen with their child for dyadic therapy to support healthy attachment. The PMH Therapist is part of the Infant and Early Childhood Mental Health (IEC) Program and will collaborate with IEC therapists regularly. The PMH Therapist is a non-exempt position and reports to the IEC Manager.



MAJOR RESPONSIBILITIES – Specific for this position

- Provide mental health therapy to people who are pregnant or parenting a child under age 3. Therapy may include working with the individual client and/or the client and their child(ren).
- Provide limited case management for assigned clients, particularly around access to medical care, prescribing, and identified issues around social determinants of health
- Conduct mental health assessments to determine eligibility and diagnosis
- Provide ongoing monitoring, risk assessment, and safety planning with a high risk client population
- Work with community partners including Public Health, medical providers, substance use disorder treatment programs, Family Recovery Court, Child Welfare, Early Intervention, and home visiting programs
- Provide services in the client home, clinic setting, community, or via telehealth
- Participate in program development and evaluation of the IEC Program and overall Community Based Intensive Services Department (CBIS)
- Actively promote CHS programs to families and individuals; develop and maintain relationships with community contacts, referral sources, and other professionals and agencies
- Maintain accurate and thorough clinical records as per agency, county and state requirements
- Provide input and report to leadership regarding the clinical needs of clients and improved ways of offering services and supervision
- Sustain billable hours as determined by supervisor
- Collaborate closely with the IEC team
- Participate in regular reflective supervision, case consultation, and team meetings
- Participate in ongoing relevant IEC and PMH clinical trainings to work towards Washington State IMH/IEC Endorsement
- Provide services aligned with the IEC Diversity-Informed Tenets
- Maintain a professional and courteous attitude to all clients, partners, and community members

MAJOR RESPONSIBILITIES – Agency in general

- Provide all services utilizing a strengths-based, family-focused, client-centered, trauma-informed, culturally humble approach that is integrated with other services
- Participate in creating and maintaining a safe workplace that values diversity and treats everyone with dignity and respect without regard to race, color, age, religion, creed, gender, gender identity, gender expression, sexual orientation, national origin, marital status, the presence of any sensory, mental, or physical disability
- Utilize teamwork and open communication
- Provide services in a manner that expedites the meeting of contract requirements and program outcomes
- Maintain documentation in a timely, thorough, and accurate manner
- Follow agency policies and procedures, RCWs, WACs, CARF standards, and other external regulations
- Follow CHS's Code of Ethics
- Perform all other tasks as assigned by the supervisor, managers, or directors that further the success of programs and/or the agency

MINIMUM REQUIREMENTS

- Master's degree in clinical behavioral health fields
- Current Agency Affiliated, Associate, or Fully Licensed MSW, MFT or MHC professional in Washington State
- One or more years of clinical experience working therapeutically with pregnant/parenting families
- Familiarity with the DC:0-5 diagnostic manual preferred
- Experience providing dyadic IEC therapy preferred
- Knowledge of community social services resources and how to access the resources
- Reliable private transportation, a valid Washington State Driver's License, and a willingness to travel in North King and South Snohomish Counties
- Experience with diverse client groups and treatment methodologies
- Experience working with an electronic medical record
- Experience working with trauma
- Experience providing crisis intervention
- Experience navigating different systems (i.e., SUD, child welfare, early intervention)
- General computer skills in Outlook Email, Excel, Word



- Excellent organizational/administrative skills
 - Commitment to practicing cultural humility, self-reflection, and continued education on Diversity, Equity, Inclusion, and Belonging topics
 - Demonstrated ability to successfully work within a diverse cultural setting and provide services through the perspective of cultural humility
 - Ability to work cooperatively as part of a team
 - Prompt and consistent attendance during scheduled working hours
 - Ability to work in an unstructured and unpredictable setting; ability to adapt to change
 - Able to work independently
 - Sense of humor
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CHS is an Equal Opportunity Employer

The mission of the Center for Human Services is to strengthen the community through counseling, education, and support to children, youth, adults, and families.

Our Values: Model diversity, equity, inclusion & belonging; provide accessibility; champion collaboration; demand accountability; personify integrity; and have fun.



Behavioral Health & Family Support
www.chs-nw.org
Serving the community since 1970